**What To Do When Someone Dies; step by step.** Check what to do after a death - how to register the death, notify government departments and deal with the estate.

**Website** [**https://www.gov.uk/when-someone-dies**](https://www.gov.uk/when-someone-dies)

**TELL US ONCE** is a service provided by the local authority and can be used to report a death to several services and government departments in one go. A registrar will explain the service when you register the death. The registrar will then either;

Complete the service with you or

Give you a unique reference number so you can complete the service yourself online or by phone.

**Website** <https://www.gov.uk/after-a-death/organisations-you-need-to-contact-and-tell-us-once>

**HMRC** (PAYE & self-assessment)

**Pay As You Earn and Self-Assessment HM Revenue and Customs BX9 1AS United Kingdom**

**Website** <https://www.gov.uk/government/organisations/hm-revenue-customs/contact/bereavement-and-deceased-estate>

**Deceased Estate Helpline Tel** 0300 123 1072

**DWP Bereavement Service** (benefits and state pension advice)

**Tel** 0800 151 2012

**NARPO HQ** (member services such as travel insurance)

**Address** 38 Bond Street, Wakefield, WF1 2QP

**Tel** 01924 362166

**Email** hq@narpo.org

**London NARPO (LPP magazine)**

**Address** PO Box 433, Carlisle, CA1 9HS

**Tel** 020 3151 1212

**Website** <https://www.londonnarpo.org/>

**Email** enquiries@londonnarpo.org.uk

**Metropolitan Police Federation** (if a member of group insurance scheme)

**Address** 2 Elmfield Park, Bromley, BR1 1LU

**Tel** 020 8464 2322

**Met & City Orphans Fund**

supports subscribing officers’ children if the officer/pensioner is deceased or so incapacitated as not to be able to contribute materially to the family upkeep.

**Address** 30 Hazlewell Road, Putney, SW15 6LH

**Website** [**https://www.met-cityorphans.org.uk/**](https://www.met-cityorphans.org.uk/)

**Tel** 020 8788 5140

**Met Friendly Society**

Financial services provider

**Address** Central Court, 1b Knoll Rise, Orpington, BR6 0EL

**Website** <https://www.metfriendly.org.uk/help-centre/>

**Tel** 01689 891454

**Marie Curie** (support for retired police officers)

Whatever your question, call the Marie Curie Support Line for practical information and support on all aspects of life with terminal illness, dying and bereavement.

**Website** [**https://www.mariecurie.org.uk/help/support/narpo**](https://www.mariecurie.org.uk/help/support/narpo)

**Tel** 0800 090 2309

**Police Care UK** previously Police Dependents Trust

A charity for serving and veteran police officers and staff, volunteers, and their families who have suffered any physical or psychological harm because of policing.

**Address** Nova Scotia House, 70 Goldsworth Road, Woking, Surrey, GU2 1 6LQ

**Website** [**https://www.policecare.org.uk/**](https://www.policecare.org.uk/)

**Tel** 0300 012 0030

**Police Mutual Care Line**

Provided by Health Assured, provides you with 24/7/365 access to a confidential telephone helpline and health and wellbeing e-portal and app. This is exclusively available to serving and retired Police Officers, Police Staff, and family members.

<https://www.narpo.org/wp-content/uploads/2020/07/LOSS-OF-A-LOVED-ONE-Sep-21.pdf>

**Tel** 0800 028 1708

**Age UK**

Coping with the death of a loved one. Information written with you in mind. This information guide has been produced by Age UK, with the help of older people, carers, and expert peer reviewers

[ageukig32\_bereavement\_inf.pdf](https://www.ageuk.org.uk/globalassets/age-uk/documents/information-guides/ageukig32_bereavement_inf.pdf)

**At A Loss**

A comprehensive hub of support services, information, helplines, and a library of helpful reads for anyone who has been bereaved whatever their age, loss or background. Search hundreds of local, national and specialist services across the UK to find what is right for you and wherever you live. A free, professional counselling web chat service is also available.

<https://www.ataloss.org/>